





About Us

VALA's New Journey to an Ultimate Wellness Destination.

Sela Sea Sanctuary Spa embraces the commitment to an ultimate relaxation and getaway; while carrying our essentials in giving the best experience.

This journey will immerse our guests in equal measures of luxury, tranquility, health & wellness.

The marriage of the Spa and the Sea sets our main concept. All ingredients are sourced, inspired by the surroundings here. And all treatments are selected to nourish, restore and energize the bodies and minds; using the power of the Sea Nature.

The very first Sela Sea Sanctuary Spa – *Let the Sea heals.*

Sea Hydrating Facial

60 mins | THB 3,200

Rehydrate and nourish your skin's natural glow with this ultra hydrating facial. This vitamins-rich facial is an ultimate treatment to cleanse, massage and mask to calm your skin using natural extracts. The results are your face plumped and nourished, ready for the sun.

Sunkissed Anti-Oxidants Facial

60 mins | THB 3,500

Flawless skin at the sea is irresistible. Choose this treatment if you want to boost up your facial with anti-oxidants from Suttana's local plants organic extracts. Vitamins will help create skin barriers, brighten up & restore an equal skin balance after being out in the sun for days. Your skin will definitely *get the glow* we've all been seeking.

Anti-Stress Scalp Massage

60 mins | THB 2,600

Having a stressful day? This treatment can help ease of the tensions in your upper part of the body. Focusing on the scalp and head with an organic coconut and bergamot oil will also help nourish the scalp and hair, making them soft and silky as a plus.



BODY

Thai Traditional Massage

60 / 90 / 120 mins | THB 2,400 / 3,000 / 3,600

Reawaken your energy flow with the Thai traditional massage; combining stretching and acupressure techniques that will leave you lighten and fresh.

Thai Sand Poultice Massage

90 / 120 mins | THB 3,300 / 3,900

To elevate your experience further, the Thai Sand Poultice Massage is recommended. Not that you will get to enjoy the massage, the heat from the sand will help you ease up the long built muscles pain.

Relaxing Massage

60 / 90 / 120 mins | 2,600 / 3,300 / 4,000

Treat your body right with the relaxing massage. This painless massage will help reduce all stresses emotionally and physically. You will also get to choose from our exclusive blends of essential oil inspired by the Sea.



Signature Massage

90 / 120 mins | THB 3,800 / 4,500

Believe in the power of nature and the Sea, and indulge in our Signature Sea-Inspired Massage, where the gentle rhythms of the ocean translate into relaxation. Let our oceanic flows, heated sand poultice and aromatherapy oils wash away tensions, leaving you tranquil, refreshed and rejuvenated.

Sports Massage

90 / 120 mins | THB 3,500 / 4,200

This massage is perfect for those who enjoy sports as much as the sea. The massage aims to help your muscles relaxed and loosen, focusing on the deep tissues using elbow techniques.



BODY

Slimming Massage

90 / 120 mins | THB 3,500 / 4,200

A final touch before walking down to the beach. Our signature massage flows and the secret slimming oil will help your skin back to firmness-free of cellulite. A must try here.

Foot Reflexology Massage

60 / 90 mins | THB 2,400 / 3,000

Foot Reflexology massage helps improve blood circulation, stimulates muscles, reduces tension as the feet is the heart of body organs. Try it and see the difference for yourself.

Cooling Stone Massage

90 / 120 mins | THB 3,500 / 4,200

Indulge in the ultimate relaxation with our Cooling Stone Massage with smooth, chilled stones expertly applied to key points on the body, releasing tension and promoting a sense of deep calm. Experience a refreshing escape from the everyday with our Cooling Stone Massage.



Back & Shoulder Massage

60 mins | THB 2,600

Let skilled hands ease away stress and knots, leaving you feeling relaxed and rejuvenated. Treat yourself to a moment of bliss and enjoy the soothing benefits of targeted massage therapy.



Bath Soak Remediese

30 mins | THB 1,200

Let your worries melt away as you sink into a warm, aromatic bath infused with natural ingredients. Whether you seek relaxation, rejuvenation, or relief from muscle tensions, our bath soaks serves a soothing solution.

Body Exfoliation

30 / 60 mins | THB 1,400 / 2,200

Revitalize your skin with our Body Exfoliation treatment. Buff away dullness and reveal smoother, radiant skin. Experience a rejuvenating glow in just one session.

Body Mask

45 mins | THB 1,800

ONLY at Sela. The algae mask is developed to give your skin totally moisturized by restoring water in your skin. Being at the sea sometimes steal the water from under your skin. This will help a lot.

Hot Steam

30 mins | THB 1,200

Hot steam anyone? Not only it helps to remove all the muscles tension, it also helps to eliminate the toxins and cleanse the pores for total body. Perfect to relax your muscles before your chosen treatment.

Junior Relaxing Massage

60 mins | THB 2,400

Introduce relaxation to your little one with our Junior Relaxing Massage, designed to soothe and calm in a kid-friendly settings and products.



Private Sound Healing

60 mins | THB 3,200

Discover serenity in a personalized setting with our private sound healing class. Experience deep relaxation as you're guided through therapeutic sound sessions, tailored to your needs.

Private Yoga / Meditation

60 mins | THB 2,800

Experience personalized serenity with our Private Yoga/ Meditation sessions. Tailored to your needs, find relaxation and wellness in a tranquil setting guided by experienced instructors.

*Sun, Summer
and Self Care*

120 mins | THB 4,800

Indulge in our pure bliss package, featuring a 60-minute Body Exfoliation followed by a 60-minute Relaxing Aroma Massage. Treat yourself to the ultimate spa experience and emerge feeling completely rejuvenated.

Body Exfoliation | Relaxing Massage

*Speak in oceans,
Love in Sunsets*

180 mins | THB 7,200

Elevate your relaxation with our Signature Spa Package: starting off with steam/ bath, body scrubs, and a 90-minute Signature Massage. Indulge in this signature package for a full recovery of tiredness.

Steam / Bath | Body Exfoliation | Signature Massage



*Dance with the waves,
move with the sea,
set yourself free*

240 mins | THB 11,900

Enjoy our half day program for a complete rejuvenation. Treat yourself to an organic hydrating facial, Signature Massage, a bubble bath, and finish off with a soothing body mask for an ultimate relaxation and renewal from head-to-toe.

*Steam / Bath | Mini scalp massage | Hydrating facial
| Signature Massage | Body Mask*

*Secret
of the sun*

480 mins | Starting from THB 15,000

A personalised wellness experience for a day of luxury retreat package. Enjoy breakfast, light lunch, and dinner, a private yoga session or a soothing sound healing class, a garden tour, a rejuvenating facial, our Signature Massage, and a magical bath under the open sky. Get what your body deserves throughout the day with us.

Tailored to your needs.

